

## **Recent Titan Owners**

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Mike Nabil, [ Australia ]  
TITAN T1

### **“A Genius Made This Machine”**

When you **can replace a whole gym with over 40 machines in one** and over 100 plus different exercises with Titan and an amazing price, it has taken a genius to put this machine together.. I am using this and also my clients and as it is so flexible a couple of my friends also have this machine now. I have been doing this for over 20 years and this machine is by far the best I have ever seen.

*Mike Nabil*

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Gavin Joyce, [ Australia ]  
TITAN T1

Over the last 18mnths, training with a goal in mind to compete at a State level, I was always looking for new ways to stimulate growth in my muscles. A number of Titan T1 exercises were vital for me to grow.

The ability to safely bench with full range of motion (split handles) and still lock off the smith machine was awesome,

My legs in particular were a body part which needed extra attention. I turned to the Titan T1 which I had access to through my work. My reasoning was simple, I could do heavy, growth

promoting leg work, squats and leg press without the discomfort of having a bar across my back.

The ability to use the Titan as a Machine Squat is fantastic and allowed me to load the weights right up, it took strain off my back and enabled me to concentrate fully on developing my quadriceps.

The leg press was also excellent in bringing out my quad sweep in the upper parts of my legs and finishing with the super smooth leg extension to shape and define. There is no doubt in my mind that the Titan is largely responsible for enabling me to win a State Title and be good enough to place 4th at the Australian Titles. I highly recommend anyone who is serious about their training to invest in their future health and fit body and buy one of these machines.

**Gavin Joyce**

Runner up MR WA INBA 2008

4th place Novice Australia INBA 2008

1st Novice WA INBA 2008

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Richard Lefebvre, [ Canada ]  
TITAN T1 - MODEL 2009

Hello Mariusz,

Just a friendly note that I have received and easily setup the Titan in my home and am quite impressed with the unit. I performed my first exercise routine last night. The manufacturing quality and paint is excellent and the unit's unique adjustability ingenious. The machine is quiet, smooth and extremely stable. The ranges of motion are appropriate for my height of 5'10". I have thirty years of experience in fitness including 5 years within the commercial industry and am convinced that I have made the best choice

possible for my home strength training needs. Shipping was easy with the only delay being a random customs inspection of the shipping container in our Montreal port. An area of improvement may be the adhesive for the equipment labels or perhaps a different technique- it probably suffered because of the cold during shipping and is peeling- I can easily deal with that.

Give me another month to get familiarized with all the facets and accessories of the machine and I am sure I will be another positive testimonial.

I was initially nervous about purchasing a machine of this cost, from overseas by internet especially with no local unit to try out, but the experience has been simple, well explained, on schedule and professional.

Cheers and thanks,

Dr. Richard Lefebvre  
Warton, Ontario, Canada

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Liz Allen, [ Australia ]  
TITAN T1

### **“Titan is an ideal space saver for PT Studios”**

**The Titan is indeed a massive machine of magic...it is a safe and effective piece of equipment.**

**Being a female trainer none of the attachments are extremely heavy to lift and spotting clients is very simple with the layout of the Titan.** With lots of variety with exercises that can be performed on the machine, **the Titan is an ideal space saver for PT Studios.** You will need a good day to set the monster up though, but well worth the effort 😊

Liz Allen  
Fitshack PT Studios

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Alithea Taylor, [ Australia ]  
TITAN T1

The TITAN is excellent – **I can do all the exercises I would otherwise need a full scale gym for – and they all feel really good.** It doesn't take that long to learn how to make adjustments to set up each exercise. **Definitely a system most suited to people who have had previous lifting experience.** Daniel was very helpful and polite at every stage of the purchasing and installation process [thanks Daniel!]

Regards,  
Alithea Taylor  
AT Momentum Personal Training

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Alex Knoxfield, [ Australia ]  
TITAN T1

**“The TITAN is with distance the best work out machine I have ever seen”**

Beginning with the absolutely genius packing over assembly to the workout itself - simply perfect.  
The quality and the accuracy of the parts are amazing. **Every work out is fun and the TITAN offers more possibilities than the fitness center I was training at before.**  
You can be proud of your machine!!! Keep up the good work!!!

Thanks,

*Alex Knoxfield*

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John S. Van Meter, [ Canada ]  
TITAN T1 - MODEL 2009

Mark,

Today, I finished the Titan T1 assembly. It is impressive...both in quality of design and sheer mass. The individual components are heavier than they appear. The fit and finish is superb, and it is amazing that so much machine can fit into a relatively small footprint. The 1/2-in rubber puzzle mat I used under the Titan T1 is 10 ft x 10 ft. I can expand it with additional pieces if necessary, but I don't have much extra room as you can see in the photos. I haven't yet familiarized myself with all of the exercise options, so I still have some homework to do, but I must say that I am very pleased with your product. Now that I have such a wonderful piece of fitness equipment, my family and I will be challenged to put it to good use.

Thanks again for your help.

John

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Ben Devlin, [ Australia ]  
TITAN T1

**“Mate I am absolutely wrapped with it”**

Hi there Daniel, been very busy lately so I have not had a chance to give you any feedback regarding my new acquisition of gym equipment - **THE TITAN! Mate I am absolutely wrapped with it** turns out that it is actually better than I had anticipated. **Not a**

**body part to be ignored from now on!** Looks like I'll be acquiring some significant size in the coming years using the Titan. **So thank you very much, to say the least I am a happy customer.**

Regards,  
*Ben Devlin*

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Paul Johnson, [ Australia ]  
TITAN T1

**“For us the Titan T1 is the ultimate gym”**

**It is far better designed and built than any other home gym I've looked at.** Once we got used to setting up for the various exercises we were able to create a few of our own. It is very flexible that way. We have combined it with power blocks, a good quality treadmill and elliptical walker as well as a few other small things like balls and balance equipment. We now have better quality equipment in our home than our old gym had. It is so much nicer working out at home. **I never imagined I could get the quality and range of equipment I did that fell within my budget.** I would never have been able to do it without the ingenuity of the Titan T1 gym equipment. I thought the whole shipping process was very well thought out - impressive to say the least. I did find the assembly instructions a bit ambiguous at times but the company helped me very quickly. I think it was because I got so many of the options and it got hard to tell one piece from another. I had a big problem because I mixed up the bar from option F with the bar on step 25. Despite the minor problems we love the machine and are very happy with it."

Regards,  
*Paul Johnson*

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Ric Williams, [ Canada ]  
TITAN T1 - Model 2009

Keith,

I'm sorry I'm just getting back with you on this but I will be happy to answer any questions about my experience. I've got the fax you sent so I will try to address the concerns you've listed but if there are any others, please don't hesitate to let me know.

I've been lifting weights in gyms or at home for over 25 years so before I made the decision to jump off into purchasing the Titan, please know that I had been researching home free weight machines pretty extensively for the last couple of years and I kept coming back to the Titan because it could do so much so well.

Payment for the machine: Credit card payment would be easier and cheaper for you, but they are not set up for that right now. I took a leap of faith when I wired the funds (25% to start the process with the balance due when the shipment is about to reach seaport) but I had a great experience. My comfort came from e-mails with Mark and from my research that he and his family who own the business are not some fly by night operation, but rather have been doing business in Europe and other countries (both fitness machines and furniture manufacturing) with a good reputation for quality and fair dealing for a long time.

Wiring Process: It costs about \$30 to \$50 to accomplish but is very easy. Mark sends you the wiring instructions which you provide to your bank and they wire the money from your bank account to his. Takes about a day but there is not much to it.

My Experience: Mark stayed in contact with me the whole way, keeping me informed on the status of things from putting the machine together, to shipping it to seaport, all the way to taking delivery at my house. I was very pleased with his patience and willingness to hold my hand through the process because like you, I felt completely at his mercy if he had wanted to take advantage of me, which fortunately was far from the case.

The Beast (Titan T1): Yes, it arrived in perfect condition. They have obviously done it many times because I was amazed how much they had packed into the crate and how well wrapped it was to make sure nothing got scratched or dinged up. This thing weighs a ton (1322 lbs. to be precise) but that's because it's built like a tank and will last for many generations of fitness enthusiasts!!

Build Quality: I've only had the machine for a week or two but can't imagine how it could be built or engineered any better than it is. I mean this thing is commercial quality, heavy duty all the way. This thing is smart! I've been impressed with how much they've packed into a machine with a fairly small footprint. I'm expecting to enjoy working out on the Beast for many years to come and with the high quality of construction and its versatility, I don't ever see me getting tired or bored with it.

Putting it Together: Unless you are a mechanical engineer and a contortionist, you're going to need at least one other person to help you put it together. The directions are on the CD in the packing crate and they are very helpful. I hired a couple of guys that manage a local fitness equipment company to put my T1 together and they kept commenting throughout the process about how well the T1 was built and engineered which confirmed what a good decision I had made in purchasing the Beast.

Let me know if I can help with anything else.

-Ric

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Jeff and Gretchen, [ Australia ]  
TITAN T1

**We can not express how pleased we are. We just love this machine!!** My parents both use it and so do all of our friends. We are very happy customers.

Thanks  
*Jeff and Gretchen*

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Jon, [ Australia ]  
TITAN T1

**“It really is a complete gym full of equipment**

## **all in one”**

Hi,

You guys have been terrific. I've been very impressed with the great customer service. It's very rare to receive this level of service from a company anymore. In fact I don't recall getting this kind of service from any company, ever!

I really like the machine. It's well built & well thought out. It's amazing to me that they're able to fit all of those exercises into one machine in a fairly compact space. **It really is a complete gym full of equipment all in one.** I consider it to have 4 styles of equipment in one package; free weight rack, Smith machine, counter balance system to use in conjunction w/the Smith (which is unique), & the pulley system. Not to mention the counter balance system acting as an independent pulley machine with option F on the back. Love the Titan T1 and will be recommending it to everyone!!

Thanks,  
*Jon*

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Mat Fields, [ Australia ]  
TITAN T1

**“This machine is second to none among  
those that I have used”**

Hi,

I received my Titan T1 last Thursday. Thanks for getting that out so quick. The pallet was bigger than I had expected.

Upon seeing the size of the box, I began to wonder what I had gotten myself into. It took three guys to unload it from the truck. It took me about an hour to unpack the box and carry all the parts into the house (an awesome workout in itself). Immediately though, I was impressed. **Everything is**

**top notch. From the initial contact with you, to the pallet, to the packing, to the wrapping of each part (with ample amounts of plastic wrap), to the overall engineering of this fabulous product.** All top notch. **I can honestly say that I am thoroughly impressed. A rarity.**

The assembly was very easy. I had the machine nearly fully assembled in about five hours. The assembly manual was very easy to follow.

**The performance of this machine is second to none among those that I have used.**

**Extremely smooth operation. Exercise transitions are a snap.** I do a lot of supersets and giant sets, and quick transitions are a must. The Titan is also extremely solid.

Like a rock. **It feels as though the TITAN T1 was custom made for me.** It can be configured to fit me perfectly, allowing me to perform exercises with greater comfort, support and safety.

I cannot say enough good things about my experiences with you and the Titan T1.

Thanks for everything,  
*Matt Fields*

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Vassilis, [ Australia ]  
TITAN T1

**“...When I started my research for a home gym I never imagined that I would get something so complete..”**

Hello,

It took me some time to prepare this report for you but I think that you deserve it for the great product you have created. I needed this time to work with all the options and explore TITAN T1 in detail. Here are my thoughts:

What I was looking for:

A home gym that provides an experience as close as possible to that of free weight training and lots of exercises so that I do not get bored. I prefer the feeling of barbell and free weights mainly for the sense of control and equilibrium that they demand. What I absolutely hate is when some multi-gyms do not give emphasis in symmetry (it is those that you can essentially do symmetric exercises with just one hand)

What I got:

Where should I start?

This thing you sent me is AWESOME!! **When I started my research for a home gym I never imagined that I would get something so complete.** It is light years away from any other "competitive" product.

Strong points:

Encourages use of free weights and moreover, when used as a smith machine it provides a smooth movement and the restriction in control that I need when I get tired.

Nice and smooth mechanism. The counter-weight mechanism is great. It allows weaker members of the family to enjoy the gym - fantastic. The sheer mass of this thing is a great advantage. I can use it as a stable base for any exercise that involves my body. And there are plenty of them.

The sheer number of available exercises. Notably: the

quality of lat pull down and vertical leg press! The moving bench. So incredibly handy. The quality of the construction. Finish but also durability etc. **The machine is really built for life.** It's incredibly resistant (I found out when I saw the crate falling from the truck!!). I'm sure that if an earthquake brings my house apart, this is the only thing that will remain intact. Also, the plates are excellent - glad I got them (thanks for the advice). This is a clever product. You have to learn it to enjoy it. And you can invent new exercises. I'm never bored. The training material (movies, photos etc) are very helpful.

Weak points:

I had to try very hard to find the weak points of this thing.

And yes, I came up with something!

Option A is very functional and indeed a must - but is ugly and spoils the symmetry of TITAN T1. Can't you make a version where these arms can fold and disappear when not needed?

Overall - not machine-related:

Customer service is excellent - thanks Daniel. If it was not for you, I would have sent you the damaged crate back - but I was sure that in case of trouble you would help me.

Do you insure the transport? Please do that for your next customers.

Most importantly: You have an ETHICAL DUTY to make your product more known. **I would be deeply disappointed if I had bought something else and then discovered that TITAN T1 don't exists.** PLEASE find ways to get more visibility, especially on the web.

I would wish:

A leather option for the material (at least that of the bench).

An accessory kit (with boots for option G, a better strap for option F etc)

A stretching kit (accessories and special exercises for stretching using the weights and cables of TITAN)

Finally:

You can of course use my reference and I will gladly offer a test-workout to any of your prospective customers.

Thanks for this great product,  
*Vassilis*

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Craig Clemson, [ Australia ]  
TITAN T1

### **“I couldn’t believe this thing when I saw it”**

I had been on the hunt for a complete home gym for quite some time. Being an ex-amateur bodybuilder, I wanted something that could satisfy my serious workout needs. I had decided on a smith machine cage with an added weight stack and accessories. It didn’t have everything that I wanted, but I had to sacrifice certain things, as there was no way any one system was going to deliver everything I needed. I was going to have to make due for now, until I could purchase additional pieces of equipment to add to my home gym. I had actually placed an order for a smith cage ensemble when I happen to come across some information on the Internet about the Titan T1 system. **I couldn’t believe this thing when I saw it. It seemed to do pretty much everything I wanted. I immediately cancelled my original order and contacted Titan to get more information.** I was a little hesitant given that I had never seen this thing in action in person and it was a fairly significant investment to make. After a little more research and reading up on current satisfied Titan users, I decided to take the plunge and ordered the Titan T1 Package 1. A few weeks later (given the distance it had to travel), it arrived.

This thing was packed extremely well, which is a good thing, given its extreme weight. I unpacked the crate and, piece by piece, brought it down into my basement. Luckily I had a friend around who could help me with the outside frame and these pieces were very heavy. I was a little concerned about assembly after seeing my basement floor covered in pieces but I started at step 1 in the instruction manual and the entire assembly went very smoothly. About five hours later, my Titan T1 was assembled. I couldn't get over the build quality of this gym. I had never seen something so solid.

**The next night I had my first workout and from that point on, I knew that I had made the right decision buying this gym.**

It did take a little while before I was 100% comfortable with all the accessories and set-up but that's simply due to all the different exercises that can be done on this very unique machine. I'm still discovering new exercises that I can do that are not listed on the website. **If you can think of an exercise, you can do it on the Titan in one way or another. I had always been concerned that I wouldn't get the same workout at home that I did at the gym but I can tell you that you definitely can with the Titan.**

**Actually, I think my workouts are even better now.**

**Also, Titan keeps coming up with new options to add on to the Titan. I just received my pec/rear delt crossover option and it's amazing. The engineering that's gone into this thing is truly remarkable. I can't wait to see what future options will become available.**

I'm sure every one will be great. Another great thing about the Titan T1 are the guys at Titan. Titan have been unbelievable to deal with. Their customer service is top-notch and I would not hesitate for a moment to recommend buying from them. It is obvious that they realize that the customer is their #1 priority and do everything in their power to keep them satisfied. I am definitely one happy customer. **I received a call from a**

**friend of mine last weekend, who is also looking to build a home gym. I gave him the same advice as I would give anyone interested in this type of investment– buy the Titan T1, you will not be disappointed!**

Regards,  
*Craig Clemson*

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T.MacSwain, [ Australia ]  
TITAN T1

I've had the Titan T1 for several months now, and it has more than lived up to my expectations, and its reputation. I first learned about the Titan T1 on a fitness website and began researching it right away. I had been looking for a complete system like this for a few years, and frankly I didn't think one existed. Everything I learned indicated that this was the most complete and flexible fitness system I had seen, and it was a big bonus for me to be able to mount a heavy bag as well. So, after considering it for a few weeks, I made the decision buy one.

The guys at Titan were very professional to deal with, and I was pleasantly surprised by how easy it was to ship the Titan (including a heavy bag) to my home. It was far easier than some items I've purchased that were a fraction of the cost. As soon as it arrived at my house, I began pulling apart the packaging and spent a few hours assembling it. I actually enjoyed this part because you could clearly see the quality and intelligent design that went into each piece as it started to take shape.

At first, the Titan T1 almost seemed overwhelming because of the incredible number of exercises it can handle. The manual that came with the system was very helpful for the first few days, and I used the website and CDs a little as well

- to see the exercises in motion. After getting familiar with my favorite exercises, I began to realize how straightforward, and at the same time, how truly powerful the system was. There is literally no exercise I've found that the Titan can't handle.

**The Titan T1 is by far the best piece of fitness equipment that I've purchased in terms of quality, flexibility, and value.** I highly recommend anyone who is looking for a complete home fitness system to research this product.

*T. MacSwain*

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J. Maynard, [ Australia ]  
TITAN T1

**“..My clients are all ages/sizes, male & female, and this beast seems to adapt to “everybody”!**

Hi Daniel,  
I've had the Titan T1 for a few months now and although it took me a couple of sessions to figure everything out I have to say that this beast has been my best investment in gym equipment to date. I have owned my PT studio for a few years and my gym equipment was getting old and needed an upgrade, so I started to do my research and found out about the Titan T1. Once I saw the quality of the Titan T1 I immediately purchased it for my studio. **I am amazed at how many exercises I can do on this machine and I am constantly finding new ways to train different muscles! One thing in particular I like with the Titan T1 is the counter-balance feature & the adjustments, my clients**

**are all ages/sizes, male & female, and this beast seems to adapt to “everybody”!**

Your help in answering my questions (sorry I had so many), and fast delivery was great! I did have some trouble with assembling option A & A1 but Titan was quick to help with providing over the phone help. **I am very happy and would not hesitate recommending the Titan T1 to others in my industry.**

Cheers,  
*J. Maynard*

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